AATISN Friday March 18th

Spark some reflections, insights and conversations around kinesthetic attunement, empathy and compassion. The dance of the meeting between ourselves and each other in space, within the relationships we are working with, through the non-verbal, the body and the process of movement.

We will be moving, witnessing, writing and sharing with each other.

Please wear comfortable clothes and bring a cushion or blanket if you enjoy contact with the floor.

$12 per person. Please rsvp via aatison8@gmail.com, the Facebook group (AATISN) or to Claire 0421 746 658

“The dance of the space in between”
Movement with Cinzia Schincariol

Cinzia uses movement, voice, imagery, play and performance as ways of growing, creating, communicating and reaching others despite of any age, gender, culture and ability. She is interested in the process of instant composition as performance and in the ability to attend to and notice our endless ability to experience.

Cinzia is currently based in Adelaide where she works with Restless Dance Theatre and Anglicare’s Acorn mother and infant attachment project; she facilitates Dance Movement Therapy programs at SCOSA, Authentic Movement and Improvisation sessions. Her practice is influenced by the meeting of many inspiring teachers, remote lands and indigenous cultures she keeps meeting during her travels throughout the world.