IKON INSTITUTE OF AUSTRALIA

*LEARNING WITH A DIFFERENCE*

# Personal Counselling Record

It is important that you seek your own therapy, at least once per Module when studying with IKON. The nature of these studies makes it highly likely that personal patterns of thinking/feeling/behaviour will emerge and create obstacles to your learning and/or your group dynamics. Seeking support in regard to these issues will likely enhance your experience at Ikon, and in your life in general. Experiencing other therapists will also likely help you clarify your own understanding and position in regard to your own work as a therapist.

Please record your therapy sessions below and have your therapist confirm your session by completing the form. Retain this record and submit it with your final assignments at the end of the course. Thank you.

Your Name: _____ State: _____

Year of Commencement at IKON: _____

| Name of Therapist/Counsellor | Date of Service | Qualification | Telephone | Therapist/Counsellor Signature |
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