

**OUTLINE OF SUPPORTING AND RELATED THERAPIES IN THE
DIPLOMA OF CLINICAL HYPNOTHERAPY 22208VIC**

HYPNOTHERAPY	SUPPORTING & RELATED THERAPIES
Hypnosis	Rational Emotive Behaviour Therapy
Suggestion	Cognitive Behaviour Therapy
Hypnotherapy	Brief Therapy
<ul style="list-style-type: none"> • Ericksonian Utilisation 	Person Centered Counselling
<ul style="list-style-type: none"> • Ego State Therapy 	Transactional Analysis
<ul style="list-style-type: none"> • Ideomotor Questioning 	Gestalt
<ul style="list-style-type: none"> • Hypnotic Empty Chair 	Neurolinguistic Programming
<ul style="list-style-type: none"> • FRT RR 321 	Systematic Desensitisation
<ul style="list-style-type: none"> • FDR Technique 	Emotional Freedom Technique
<ul style="list-style-type: none"> • Regression Therapy 	Eye Movement Desensitisation and Reprograming
<ul style="list-style-type: none"> • Abstract Regression Therapy (Past Lives) 	Gestalt Empty Chair
<ul style="list-style-type: none"> • Pseudo Orientation in Time 	Focusing
<ul style="list-style-type: none"> • Guided Imagery 	Chakra Diagnostic
<ul style="list-style-type: none"> • Working with Archetypes 	Working with the Dreaming Body
<ul style="list-style-type: none"> • Fast Fear Technique 	1 st & 2 nd Attention – Primary & Secondary Awareness
Hypnoanalysis	Heros Journey + Myth and Archetype
<ul style="list-style-type: none"> • Theatre Visualisation Technique 	Nutrition
<ul style="list-style-type: none"> • Hypnotic jig-saw puzzle 	Psychopharmacology
<ul style="list-style-type: none"> • Automatic Handwriting 	
<ul style="list-style-type: none"> • Free Association 	
<ul style="list-style-type: none"> • Dream induction 	