

Triad Role Play Feedback Sheet - Therapist

Your name: _____ Role: Therapist | Session # _____

Client name: _____

Observer name: _____

Each participant in the triad role play (client, therapist, and observer) will complete this sheet in relation to their **own** experience. You will reflect on your experience of how you implemented different art therapy skills and processes.

Starting and Ending – What did you do to start the session? Was this how you intended to start? What did you do to create *temenos*? How did you end the session to ensure that the client wasn't left feeling unsafe?

Key moments – Can you identify key moments? What were they? What happened? Did they arise from something that you did? How did you feel you dealt with these?

What worked well – Can you identify the things that you felt you did well? Be specific in terms of art therapy/counselling skills.

Sticky moments – Were there any moments of dissonance or tension? How did these arise? How do you think you dealt with them? Could you have done anything different in these moments?

Key art therapy processes/skills/materials – Identify skills and processes/materials you used. Why did you use these?

Identify your key learning/What could you have done differently?