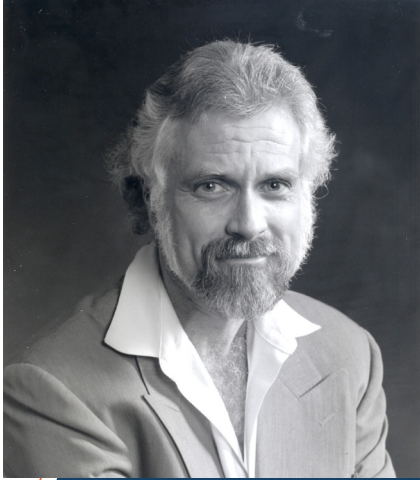


# EVIDENCE BASED TREATMENTS FOR ANXIETY DISORDERS



## Dr Daniel Brown, Ph.D.

Director, The Centre for Integrative Psychotherapy, Newton MA; Associate Clinical Professor of Psychology, Harvard Medical School.

**DATE:** April 6 & 7 2018

**TIME:** Day 1- registration open from 8.30 for a 9.30am start. Concludes at 4.30pm  
Day 2 - 9.30 - 4.30pm

**LOCATION:** Treacy Centre, Parkville-  
126 The Avenue, Parkville VIC 3052

**COST:** \$550 (gst included)  
Early bird before Dec 31: \$490 (incl gst)  
Limited student discount available on request

## REGISTRATION:

[www.trybooking.com/SLQD](http://www.trybooking.com/SLQD)

Daniel P Brown PhD has been a Clinical Psychologist for over 4 decades, a lecturer and researcher at Harvard Medical School and the Cambridge Hospital Massachusetts (psychotherapy and psychiatry). In addition, he is a Forensic Psychologist, and provided expert testimony in trauma and memory in numerous trials in the United States and as an expert witness at The Hague War Crimes Tribunal, following the war in the former Yugoslavia.

Dr. Brown has been deeply involved in understanding trauma and the training of other clinicians in understanding and treating trauma. Over the last 20 years his research has focused on assessing attachment disorders in adults and on developing psychotherapeutic and hypnotherapeutic protocols to treat attachment pathology.

As a polymath, Dan's expertise extends to trauma treatment, psychoneuroimmunology, treatment of attachment difficulties, therapeutic uses of hypnosis and guided imagery, evolution of consciousness, and Buddhist meditation.

Across his varied roles, Dr. Brown has:

- Won numerous teaching awards from Harvard University and the American Psychiatric Association, including "Outstanding Contribution to Psychiatry"
- Authored 16 books including the recent text "Attachment Disturbances in Adults: Treatment for Comprehensive Repair" Norton, 2016.
- Been mentored by leading therapists and researchers: Mary Main, Heinz Kohut, Karl Menninger and Erica Fromm.
- Taught by and edited books with, his Holiness the Dalai Lama
- Collaborated with Ken Wilber and Jack Engels in the field of consciousness studies.

You can find out more about Daniel P Brown by visiting the link below:  
<http://www.ecowraps.info/daniel-brown.html>

This workshop will review a growing body of scientific evidence on the necessary ingredients that treatment protocols must address for efficacious and effective treatment of the spectrum of anxiety disorders. Participants will learn very specific psychotherapeutic step-by-step treatment protocols. Learning objectives:

- Worry exposure for generalized anxiety disorder
  - Systematic desensitization for specific phobias
  - Hypnotic fear-of- fear exposure and CBT panic control treatment for panic disorder
  - Graded in vivo exposure for agoraphobia
  - Response revention and cognitive restructuring protocols for obsessive-compulsive disorder.
- Teaching by lecture, demonstration of methods, and video case illustrations.



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