

## Triad Role Play Feedback Sheet - Therapist

Your name: \_\_\_\_\_ Role: Therapist | Session # \_\_\_\_\_

Client name: \_\_\_\_\_

Observer name: \_\_\_\_\_

Each participant in the triad role play (client, therapist, and observer) will complete this sheet in relation to their **own** experience. You will reflect on your experience of how you implemented different art therapy skills and processes.

**Starting and Ending** – What did you do to start the session? Was this how you intended to start? What did you do to create *temenos*? How did you end the session to ensure that the client wasn't left feeling unsafe?

**Key moments** – Can you identify key moments? What were they? What happened? Did they arise from something that you did? How did you feel you dealt with these?

**What worked well** – Can you identify the things that you felt you did well? Be specific in terms of art therapy/counselling skills.

**Sticky moments** – Were there any moments of dissonance or tension? How did these arise? How do you think you dealt with them? Could you have done anything different in these moments?

**Key art therapy processes/skills/materials** – Identify skills and processes/materials you used. Why did you use these?

**Identify your key learning/What could you have done differently?**