

UPDATED COURSE STRUCTURE AND EXIT POINTS

Course Sequencing and Structure

THE BACHELOR OF ARTS PSYCHOTHERAPY

THE BACHELOR OF INTEGRATIVE PSYCHOTHERAPY

Year / Trimester	Subject	Subject
Year 1, Trimester 1	Foundations in Arts Psychotherapy	Introduction to Integrative Psychotherapy
	Qualities of Art Making and Media	Models of Therapeutic Practice 1
	Integrative Systems of Health and Wellbeing 1	Integrative Systems of Health and Wellbeing 1
Year 1, Trimester 2	Arts Modalities in Therapy 1 (Materials)	Case Conceptualisation 1
	Integrative Psychotherapy in Practice 1	Integrative Psychotherapy in Practice 1
	Arts Therapy - Inter-modal Approach	Models of Therapeutic Practice 2
Year 1, Trimester 3	Arts Modalities in Therapy 2 (Modalities)	Integrative Psychotherapy in Practice 2
	Ethics and Politics in Psychotherapy	Ethics and Politics in Psychotherapy
	Foundations of Professional Competency	Foundations of Professional Competency
EXIT Point for Dip Arts Psychotherapy & Dip Integrative Psychotherapy		
Year 2, Trimester 1	Arts Psychotherapy in Practice: Groups	Altered State Techniques in Psychotherapy
	Introduction to Mental Health: Wellbeing and Distress	Introduction to Mental Health: Wellbeing and Distress
	Creativity and Mental Health	Treatment of Grief & Loss in Psychotherapy
Year 2, Trimester 2	ELECTIVE: Elective options:	
	Creative Art Modalities – Introduction to Drama Therapy	
	Psychotherapy with Different Client Populations – Psychotherapy with Young People	
	Social Ecology – Eco-psychotherapy	
	Transpersonal Theory and Practice - Dreams and Symbols in Psychotherapy	
Year 2, Trimester 3	Understanding Systems in Psychotherapy	Understanding Systems in Psychotherapy
	Life Span Development	Life Span Development
	Clinical Supervision 1	Psychotherapy & the Body in the Treatment of Trauma
Year 2, Trimester 3	Practicum 1 (120 hours)	Narrative, Identity & Integrative Processes
	Practicum 2 (120 hours)	Case Conceptualisation 2
	EXIT POINT FOR ASSOCIATE DEGREE in BIP and BAP	
Year 3, Trimester 1	ELECTIVE: Elective options:	
	Creative Art Modalities – Introduction to Dance and Movement Therapy	
	Psychotherapy with Different Client Populations – Psychotherapy with People with Addictive Behaviours	
	Social Ecology – Art and Social Change	
	Transpersonal Theory and Practice - Eastern Practice and Western Psychology	
	ELECTIVE: Elective options:	
	Creative Art Modalities – Introduction to Voice and Sound Therapy	
	Psychotherapy with Different Client Populations – Psychotherapy with People with Disabilities	
	Social Ecology – Indigenous Approaches to Wellbeing	
	Transpersonal Theory and Practice - Integrative Systems of Health and Wellbeing 2	
Year 3, Trimester 2	Clinical Supervision 2	Clinical Supervision 1
	Practicum 3 (120 hours)	Practicum 1 (120 hrs)
	Practicum 4 (120 hours)	Practicum 2 (120 hrs)