

**RECOGNITION OF PRIOR LEARNING APPLICATION (RPL) – BACHELOR OF ARTS PSYCHOTHERAPY/  
BACHELOR OF INTEGRATIVE PSYCHOTHERAPY SUBJECTS  
(Information and Application Form)**

**The process of providing relevant evidence to support your RPL application is the student's responsibility. The provision of clear comprehensive evidence will enable your application to be processed in a timely manner.**

**What is RPL?**

Recognition of Prior Learning (RPL) is a process whereby knowledge and skills you already have may be recognised, irrespective of where or how they were acquired.

RPL can apply to a wide range of skills, including those gained through employment, community involvement, formal study, informal training or life experience.

The maximum RPL/RCC/credit that can be awarded is 50% of an Ikon course.

Applications for RPL must be submitted 4 weeks PRIOR to the commencement of the relevant subject.

If you are granted RPL for a particular subject, you do not need to complete the subject and a pass is recorded on your Training Record in the same way as any other student enrolled in the subject.

**Partial credit or RPL will not be granted for any subject of the BAP or BIP.**

**Why apply for RPL?**

To reduce your program load and the overall learner devoted time.

To reduce costs associated with completing the course.

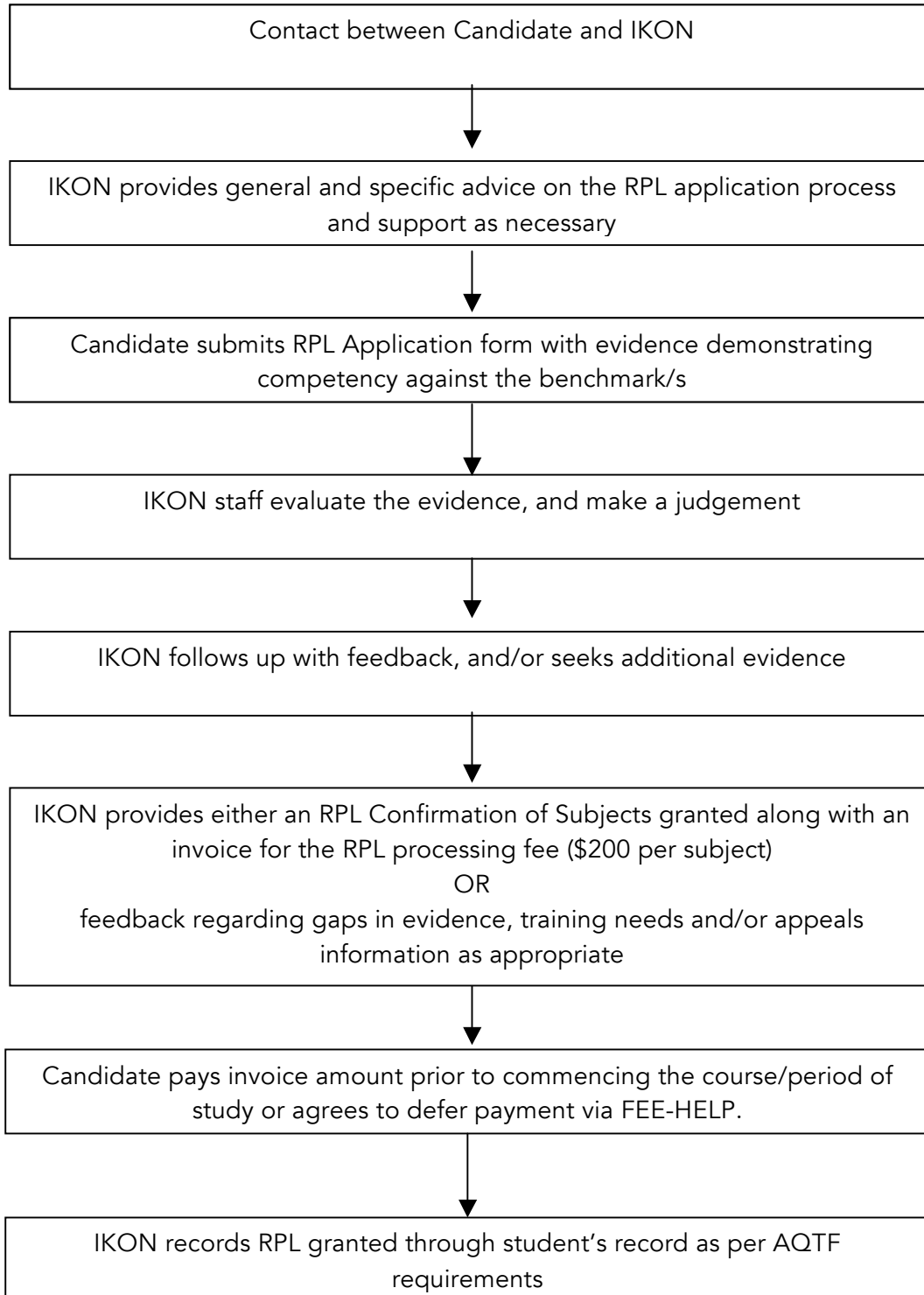
To avoid repeating learning in areas where you already have skills.

**The RPL Process**

The RPL process consists of the following stages:

1. Staff will provide you with information on how to make an RPL Application.
2. You complete the RPL Application form and submit it with supporting information.
3. Academic Staff trained in assessing RPL applications will assess your evidence. You may be required to attend an interview to discuss your application.
4. You are notified of the outcome of your application by email or post. If you have been granted RPL, your notification will include an invoice for \$200 per subject.
5. The RPL charge of \$200 per subject is paid to IKON Institute of Australia prior to commencing the relevant trimester or deferred via FEE-HELP.

## RPL Process



**RECOGNITION OF PRIOR LEARNING (RPL) APPLICATION FORM**

**(Candidate to fill out and return to IKON with the \$200 non-refundable RPL Application Fee)**

**1 Personal Details**

First name..... Last Name .....

Address .....

..... Postcode .....

Phone (WK) ..... (HM) ..... (Mobile) .....

Email ..... Date of Birth .....

Workplace Name .....

Workplace Address .....

**2 Course Details**

Name of Course: Bachelor of Arts Psychotherapy or Bachelor of Integrative Psychotherapy

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Please list the Subjects you are seeking Recognition for:

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**3 Support Details**

**Formal Qualifications or Training**

List of any formal courses or training sessions you have attended. Attach copies of Certificates/academic transcripts and details of course outline and content (with dates).

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**Informal Study Programs**

List any informal training sessions you have attended. Attach Certificates, and details of course outline and content (with dates).

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**Relevant Work Experience**

List any relevant work you have performed. Give details of your employer, including a telephone number and contact person. Include details of dates, duration of employment, role, responsibilities, and tasks.

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**Relevant Life Experience**

List any community involvement, personal interests, hobbies or skills which may support your application.

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**Personal Verification**

Please indicate the name and contact address or telephone number(s) of a person or persons who can substantiate your application.

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**Attachments**

Please list the attachments you have attached in support of this application.

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I agree to pay the RPL fee of \$200 per subject in the following way (please tick one)

- Payment in full prior to commencing the course
- Payment deferred via FEE-HELP loan system

Signed (candidate): ..... Dated: .....

**RPL - Evidence  
(Candidate to fill out)**

Examples of evidence presented in support of RPL application may include: Qualifications, CV, Job Descriptions, Work Experience, 3<sup>rd</sup> Party Reports, Work Samples/Documents, Referral Letters, Oral Questions. Credit Transfer – can be through an exact unit match or similar subject.

All evidence provided must be provided to IKON in hard copy and attached to this document.

<b>BACHELOR OF ARTS PSYCHOTHERAPY SUBJECTS</b>	<b>EVIDENCE ATTACHED</b> List here any separate evidence that you have attached to this application (eg. "CV attached")
BAP 1: Foundations in Arts Psychotherapy	
BIP/BAP1: Integrative Systems of Health and Wellbeing	
BAP 2: Qualities of Art Making and Media	
BAP 4: Arts Modalities in Therapy 1 (Materials)	
BIP/BAP 2: Integrative Psychotherapy in Practice 1	
BAP 3: Arts Therapy and Inter-modal Approach	
BAP 5: Arts Modalities in Therapy 2 (Modalities)	
BIP/BAP 7: Ethics and Politics in Psychotherapy	
BIP/BAP 4: Foundations of Professional Competency	
BAP 9: Arts Psychotherapy in Practice: Groups	
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	
BAP 7: Creativity and Mental Health	
BIP/BAP 5: Understanding Systems in Psychotherapy	
BIP/BAP 3: Life Span Development	
BAP 11: Clinical Supervision 1	
BAP 10: Practicum 1 (120 hours)	

BAP 12: Practicum 2 (120 hours)	
BIP/BAP 8: Introduction to Research Methods	
BAP 14: Clinical Supervision 2	
BAP 13: Practicum 3 (120 hours)	
BAP 15: Practicum 4 (120 hours)	
ELECTIVES	
ST1EL1: Creative Art Modalities – Introduction to Drama Therapy	
ST1EL2: Creative Art Modalities – Introduction to Dance and Movement Therapy	
ST1EL3: Creative Art Modalities – Introduction to Voice and Sound Therapy	
ST2EL1: Psychotherapy with Different Client Populations – Psychotherapy with Young People	
ST2EL2: Psychotherapy with Different Client Populations – Psychotherapy with People with Addictive Behaviours	
ST2EL3: Psychotherapy with Different Client Populations – Psychotherapy with People with Disabilities	
ST3EL1: Social Ecology – Eco-psychotherapy	
ST3EL2: Social Ecology – Art and Social Change	
ST3EL3: Social Ecology – Indigenous Approaches to Wellbeing	
ST4EL1: Transpersonal Theory and Practice – Dreams and Symbols in Psychotherapy	
ST4EL2: Transpersonal Theory and Practice – Eastern Practice and Western Psychology	
ST4EL3: Transpersonal Theory and Practice – Integrative Systems of Health and Wellbeing 2	

**Declaration of authenticity**

The information I have provided to support this application is true and correct. I authorize my assessor to make any inquiries necessary to assist in the assessment and verification of my recognition application and to use any information supplied in this application for this purpose.

Signed (candidate): ..... Dated: .....

<b>BACHELOR OF INTEGRATIVE PSYCHOTHERAPY SUBJECTS</b>	<b>EVIDENCE ATTACHED</b> List here any separate evidence that you have attached to this application (eg. "CV attached")
BIP 1: Introduction to Integrative Psychotherapy	
BIP/BAP1: Integrative Systems of Health and Wellbeing	
BIP 2: Model of Therapeutic Practice	
BIP 3: Case Conceptualization	
BIP/BAP 2: Integrative Psychotherapy in Practice 1	
BIP 4: Models of Therapeutic Practice 2	
BIP 5: Integrative Psychotherapy in Practice 2	
BIP/BAP 7: Ethics and Politics in Psychotherapy	
BIP/BAP 4: Foundations of Professional Competency	
BIP 5: Altered State techniques in psychotherapy	
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	
BIP 6: Treatment of Grief and Loss in Psychotherapy	
BIP/BAP 5: Understanding Systems in Psychotherapy	
BIP/BAP 3: Life Span Development	
BIP 7: Clinical Supervision 1	
BIP 8: Practicum 1 (120 hours)	

BIP 9: Practicum 2 (120 hours)	
BIP/BAP 8: Introduction to Research Methods	
BIP 10: Clinical Supervision 2	
BIP 11: Practicum 3 (120 hours)	
BIP 12: Practicum 4 (120 hours)	
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Signed (candidate): ..... Dated: .....



**Supplementary Assessment**

To further support a thorough assessment of learning against the outcomes of the subjects applied for RPL, it is a requirement that students complete the additional assessment as outlined below. Please complete your response under the heading of the relevant subject and attach to your application. Please ensure that you do not use any identifying information and that actual names are changed to protect client/worker privacy. Responses are required to be **1000** words each. This will be kept in your student file at IKON and used to support our auditing processes.

<b>BACHELOR OF ARTS PSYCHOTHERAPY SUBJECTS</b>	<b>WRITTEN RESPONSE – 1000 words for each response</b>
BAP 1: Foundations in Arts Psychotherapy	We can only know the world through our subjective experience. Discuss drawing on your knowledge of phenomenology.
BIP/BAP1: Integrative Systems of Health and Wellbeing	What causes stress and how can we alleviate it?
BAP 2: Qualities of Art Making and Media	Describe an experience of art-making when you and the art materials created a dialogue that enabled you to come to new insight.
BAP 4: Arts Modalities in Therapy 1 (Materials)	Describe different qualities of a range of art materials and how they might be used in art therapy.
BIP/BAP 2: Integrative Psychotherapy in Practice 1	Describe what you understand as the basic qualities necessary for deep listening.
BAP 3: Arts Therapy and Inter-modal Approach	Discuss the strengths and challenges of using an inter-modal arts therapy approach.
BAP 5: Arts Modalities in Therapy 2 (Modalities)	Discuss the advantages of using a particular modality such as drama, storytelling, or movement with a particular client group.
BIP/BAP 7: Ethics and Politics in Psychotherapy	You come across a homeless person begging on the street. What do you do? Outline the decision-making process you used to determine your action.
BIP/BAP 4: Foundations of Professional Competency	Discuss effective strategies to manage conflict effectively, including the ability to relate to people who are angry, dismissive or who challenge boundaries.
BAP 9: Arts Psychotherapy in Practice: Groups	Describe the development of a group with which you have been involved in regard to norms, leadership, power and communication. Describe and evaluate how facilitator skills assisted group development over the life of the group
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	Intro to mental health. What do you think are the key elements of an effective mental health system?
BAP 7: Creativity and Mental Health	Creative approaches are a fundamental component of an effective mental health treatment system. Discuss.
BIP/BAP 5: Understanding Systems in Psychotherapy	What are the key principles of an ecological approach to arts psychotherapy/psychotherapy?
BIP/BAP 3: Life Span Development	What is the underlying process at play described in developmental models?
BAP 10: Practicum 1 (120 hours)	Describe your key learning from your placement or work experience in relation to arts therapy practice, incorporating your key theoretical approach.

<b>BACHELOR OF INTEGRATIVE PSYCHOTHERAPY SUBJECTS</b>	<b>WRITTEN RESPONSE – 1000 words for each response</b>
BIP 1: Introduction to Integrative Psychotherapy	Outline and discuss the general themes of integrative approaches to psychotherapy.
BIP/BAP1: Integrative Systems of Health and Wellbeing	What causes stress and how can we alleviate it?
BIP 2: Model of Therapeutic Practice	Describe the concepts of stages of change, processes of change and levels of change in the trans-theoretical approach to psychotherapy.
BIP 3: Case Conceptualization	Describe the outline for an integrative case conceptualization
BIP/BAP 2: Integrative Psychotherapy in Practice 1	Describe what you understand as the basic qualities necessary for deep listening.
BIP 4: Models of Therapeutic Practice 2	Discuss the challenges of using an integrative model of practice from a trans-theoretical perspective.
BIP 5: Integrative Psychotherapy in Practice 2	Describe what you understand about metallization and the affective edge of awareness
BIP/BAP 3: Ethics and Politics in Psychotherapy	You come across a homeless person begging on the street. What do you do? Outline the decision-making process you used to determine your action.
BIP/BAP 4: Foundations of Professional Competency	Discuss effective strategies to manage conflict effectively, including the ability to relate to people who are angry, dismissive or who challenge boundaries.
BIP 5: Altered State techniques in psychotherapy	Describe the rationale for the use of altered states in psychotherapy treatment.
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	What do you think are the key elements of an effective mental health system?
BIP 6: Treatment of Grief and Loss in Psychotherapy	What is complicated or pathological grief?
BIP/BAP 5: Understanding Systems in Psychotherapy	What are the key principles of an ecological approach to arts psychotherapy/psychotherapy?
BIP/BAP 3: Life Span Development	What is the underlying process at play described in developmental models?
BIP 10: Practicum 1 (120 hours)	Describe your key learning from your placement or work experience in relation to psychotherapy practice, incorporating your key theoretical approach.

**RPL: BACHELOR OF ARTS PSYCHOTHERAPY**  
**(Assessor to fill out)**

**Student Name:** .....

**Assessor's Name:** .....

<b>BACHELOR OF ARTS PSYCHOTHERAPY SUBJECTS</b>	<b>RPL requested by student</b>	<b>RPL granted by Assessor</b>	<b>Assessor Initials</b>
BAP1: Foundations in Arts Psychotherapy			
BAP 2: Qualities of Art Making and Media			
BIP/BAP1: Integrative Systems of Health and Wellbeing 1			
BAP 4: Arts Modalities in Therapy 1 (Materials)			
BIP/BAP 2: Integrative Psychotherapy in Practice 1			
BAP 3: Arts Therapy and Inter-modal Approaches			
BAP 5: Arts Modalities in Therapy 2 (Modalities)			
BIP/BAP 7: Ethics and Politics in Psychotherapy			
BIP/BAP 4: Foundations of Professional Competency			
BAP 9: Arts Psychotherapy in Practice: Groups			
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress			
BAP 7: Creativity and Mental Health			
BIP/BAP 5: Understanding Systems in Psychotherapy			
BIP/BAP 3: Life Span Development			
BAP 11: Clinical Supervision 1			
BAP 10: Practicum 1 (120 hours)			
BAP 12: Practicum 2 (120 hours)			
BIP/BAP 8: Introduction to Research Methods			
BAP 14: Clinical Supervision 2			
BAP 13: Practicum 3 (120 hours)			
BAP 15: Practicum 4 (120 hours)			

ELECTIVES			
ST1EL1: Creative Art Modalities – Introduction to Drama Therapy			
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ST4EL2: Transpersonal Theory and Practice – Eastern Practice and Western Psychology			
ST4EL3: Transpersonal Theory and Practice – Integrative Systems of Health and Wellbeing 2			

Course Offer Group (eg. SABAP1) .....

ASSESSOR'S NOTES:

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Signed by the Assessor ..... Date .....