

**RECOGNITION OF PRIOR LEARNING APPLICATION (RPL) – BACHELOR OF ARTS PSYCHOTHERAPY/
BACHELOR OF INTEGRATIVE PSYCHOTHERAPY SUBJECTS
(Information and Application Form)**

The process of providing relevant evidence to support your RPL application is the student's responsibility. The provision of clear comprehensive evidence will enable your application to be processed in a timely manner.

What is RPL?

Recognition of Prior Learning (RPL) is a process whereby knowledge and skills you already have may be recognised, irrespective of where or how they were acquired.

RPL can apply to a wide range of skills, including those gained through employment, community involvement, formal study, informal training or life experience.

The maximum RPL/RCC/credit that can be awarded is 50% of an Ikön course.

Applications for RPL must be submitted 4 weeks PRIOR to the commencement of the relevant subject.

If you are granted RPL for a particular subject, you do not need to complete the subject and a pass is recorded on your Training Record in the same way as any other student enrolled in the subject.

Partial credit or RPL will not be granted for any subject of the BAP or BIP.

Why apply for RPL?

To reduce your program load and the overall learner devoted time.

To reduce costs associated with completing the course.

To avoid repeating learning in areas where you already have skills.

The RPL Process

The RPL process consists of the following stages:

1. Complete this RPL Application form and submit with supporting information to Ikön.
2. Academic Staff trained in assessing RPL applications will assess your evidence. You may be required to discuss your application via phone call or face to face.
3. You are notified of the outcome of your application by email.
4. The RPL charge of \$500 per subject is paid to IKON Institute of Australia prior to commencing the relevant trimester or deferred via FEE-HELP.

RECOGNITION OF PRIOR LEARNING (RPL) APPLICATION FORM

1 Personal Details

First name	Last Name
Address	Phone Number(s)
Email	
Workplace Name	
Workplace Address	

2 Course Details

Name of Course
Please list the Subjects you are seeking Recognition for

3 Support Details

Formal Qualifications or Training

List of any formal courses or training sessions you have attended. Attach copies of Certificates/academic transcripts and details of course outline and content (with dates).

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Informal Study Programs

List any informal training sessions you have attended. Attach Certificates, and details of course outline and content (with dates).

Relevant Work Experience

List any relevant work you have performed. Give details of your employer, including a telephone number and contact person. Include details of dates, duration of employment, role, responsibilities, and tasks.

Relevant Life Experience

List any community involvement, personal interests, hobbies or skills which may support your application.

Personal Verification

Please indicate the name and contact address or telephone number(s) of a person or persons who can substantiate your application.

Attachments

Please list the attachments you have attached in support of this application.

I agree to pay the RPL fee of \$500 per subject in the following way (please tick one)

- Payment in full prior to commencing the course
- Payment deferred via FEE-HELP loan system

Signed (candidate):

Dated:

RPL - Evidence
(Candidate to fill out)

Examples of evidence presented in support of RPL application may include: Qualifications, CV, Job Descriptions, Work Experience, 3rd Party Reports, Work Samples/Documents, Referral Letters, Oral Questions. Credit Transfer – can be through an exact unit match or similar subject.

All evidence provided must be provided to lkon in hard copy and attached to this document.

SUBJECTS	EVIDENCE ATTACHED List here any separate evidence that you have attached to this application (eg. "CV attached")
BAP 1: Foundations in Arts Psychotherapy	
BAP 2: Qualities of Art Making and Media	
BAP 3: Arts Therapy and Inter-modal Approach	
BAP 4: Arts Modalities in Therapy 1 (Materials)	
BAP 5: Arts Modalities in Therapy 2 (Modalities)	
BAP 7: Creativity and Mental Health	
BAP 9: Arts Psychotherapy in Practice: Groups	
BAP Practicum (120hours)	
BAP Practicum (120hours)	
BIP 1: Introduction to Integrative Psychotherapy	
BIP 2: Model of Therapeutic Practice 1	
BIP 3: Models of Therapeutic Practice 2	
BIP 4: Integrative Psychotherapy in Practice 2	
BIP 5: Altered State techniques in psychotherapy	
BIP 7: Narrative, Identity & Integrative Processes	
BIP 8: Case Conceptualization 1	
BIP 9: Treatment of Grief and Loss in Psychotherapy	
BIP 11: Psychotherapy & the Body in the Treatment of Trauma	

BIP 13: Case Conceptualisation 2	
BIP/BAP1: Integrative Systems of Health and Wellbeing	
BIP/BAP 2: Integrative Psychotherapy in Practice 1	
BIP/BAP 3: Life Span Development	
BIP/BAP 4: Foundations of Professional Competency	
BIP/BAP 5: Understanding Systems in Psychotherapy	
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	
BIP/BAP 7: Ethics and Politics in Psychotherapy	
BIP/BAP 8: Introduction to Research Methods	
BIP Practicum (120 Hours)	
ST1EL1: Creative Art Modalities – Introduction to Drama Therapy	
ST1EL2: Creative Art Modalities – Introduction to Dance and Movement Therapy	
ST1EL3: Creative Art Modalities – Introduction to Voice and Sound Therapy	
ST2EL1: Psychotherapy with Different Client Populations – Psychotherapy with Young People	
ST2EL2: Psychotherapy with Different Client Populations – Psychotherapy with People with Addictive Behaviours	
ST2EL3: Psychotherapy with Different Client Populations – Psychotherapy with People with Disabilities	
ST3EL1: Social Ecology – Eco-psychotherapy	
ST3EL2: Social Ecology – Art and Social Change	
ST3EL3: Social Ecology – Indigenous Approaches to Wellbeing	
ST4EL1: Transpersonal Theory and Practice – Dreams and Symbols in Psychotherapy	
ST4EL2: Transpersonal Theory and Practice – Eastern Practice and Western Psychology	
ST4EL3: Transpersonal Theory and Practice – Integrative Systems of Health and Wellbeing 2	

Declaration of authenticity

The information I have provided to support this application is true and correct. I authorize my assessor to make any inquiries necessary to assist in the assessment and verification of my recognition application and to use any information supplied in this application for this purpose.

Signed (candidate): Dated:

Supplementary Assessment

To further support a thorough assessment of learning against the outcomes of the subjects applied for RPL, it is a requirement that students complete the additional assessment as outlined below. Please complete your response under the heading of the relevant subject and attach to your application. Please ensure that you do not use any identifying information and that actual names are changed to protect client/worker privacy. Responses are required to be **1000** words each. This will be kept in your student file at IKON and used to support our auditing processes.

SUBJECTS	WRITTEN RESPONSE – 1000 words for each response
BAP 1: Foundations in Arts Psychotherapy	We can only know the world through our subjective experience. Discuss drawing on your knowledge of phenomenology.
BAP 2: Qualities of Art Making and Media	Describe an experience of art-making when you and the art materials created a dialogue that enabled you to come to new insight.
BAP 3: Arts Therapy and Inter-modal Approach	Discuss the strengths and challenges of using an inter-modal arts therapy approach.
BAP 4: Arts Modalities in Therapy 1 (Materials)	Describe different qualities of a range of art materials and how they might be used in art therapy.
BAP 5: Arts Modalities in Therapy 2 (Modalities)	Discuss the advantages of using a particular modality such as drama, storytelling, or movement with a particular client group.
BAP 7: Creativity and Mental Health	Creative approaches are a fundamental component of an effective mental health treatment system. Discuss.
BAP 9: Arts Psychotherapy in Practice: Groups	Describe the development of a group with which you have been involved in regard to norms, leadership, power and communication. Describe and evaluate how facilitator skills assisted group development over the life of the group
BAP Practicum (120 hours)	Describe your key learning from your placement or work experience in relation to arts therapy practice, incorporating your key theoretical approach.
BIP 1: Introduction to Integrative Psychotherapy	Outline and discuss the general themes of integrative approaches to psychotherapy.
BIP 2: Model of Therapeutic Practice 1	Describe the concepts of stages of change, processes of change and levels of change in the trans-theoretical approach to psychotherapy.
BIP 3: Models of Therapeutic Practice 2	Discuss the challenges of using an integrative model of practice from a trans-theoretical perspective.
BIP 4: Integrative Psychotherapy in Practice 2	Describe what you understand about metallization and the affective edge of awareness

BIP 5: Altered State techniques in psychotherapy	Describe the rationale for the use of altered states in psychotherapy treatment.
BIP 7: Narrative, Identity & Integrative Processes	None
BIP 8: Case Conceptualization	Describe the outline for an integrative case conceptualization
BIP 9: Treatment of Grief and Loss in Psychotherapy	What is complicated or pathological grief?
BIP 11: Psychotherapy & the Body in the Treatment of Trauma	None
BIP 13: Case Conceptualization 2	None
BIP Practicum (120 hours)	Describe your key learning from your placement or work experience in relation to psychotherapy practice, incorporating your key theoretical approach.
BIP/BAP1: Integrative Systems of Health and Wellbeing	What causes stress and how can we alleviate it?
BIP/BAP 2: Integrative Psychotherapy in Practice 1	Describe what you understand as the basic qualities necessary for deep listening.
BIP/BAP 3: Life Span Development	What is the underlying process at play described in developmental models?
BIP/BAP 4: Foundations of Professional Competency	Discuss effective strategies to manage conflict effectively, including the ability to relate to people who are angry, dismissive or who challenge boundaries.
BIP/BAP 5: Understanding Systems in Psychotherapy	What are the key principles of an ecological approach to arts psychotherapy/psychotherapy?
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress	What do you think are the key elements of an effective mental health system?
BIP/BAP 7: Ethics and Politics in Psychotherapy	You come across a homeless person begging on the street. What do you do? Outline the decision-making process you used to determine your action.

RPL OUTCOME
(Assessor to fill out)

Student Name :

Assessor's Name:

SUBJECTS	RPL requested by student	RPL granted by Assessor	Assessor Initials
BAP1: Foundations in Arts Psychotherapy			
BAP 2: Qualities of Art Making and Media			
BAP 3: Arts Therapy and Inter-modal Approaches			
BAP 4: Arts Modalities in Therapy 1 (Materials)			
BAP 5: Arts Modalities in Therapy 2 (Modalities)			
BAP 7: Creativity and Mental Health			
BAP 9: Arts Psychotherapy in Practice: Groups			
BIP 1: Introduction to Integrative Psychotherapy			
BIP 2: Model of Therapeutic Practice 1			
BIP 3: Models of Therapeutic Practice 2			
BIP 4: Integrative Psychotherapy in Practice 2			
BIP 5: Altered State techniques in psychotherapy			
BIP 7: Narrative, Identity & Integrative Processes			
BIP 8: Case Conceptualization 1			
BIP 9: Treatment of Grief and Loss in Psychotherapy			
BIP 11 Psychotherapy & the Body in the Treatment of Trauma			
BIP 13: Case Conceptualization 2			
BIP/BAP1: Integrative Systems of Health and Wellbeing			
BIP/BAP 2: Integrative Psychotherapy in Practice 1			
BIP/BAP 3: Life Span Development			

BIP/BAP 4: Foundations of Professional Competency			
BIP/BAP 5: Understanding Systems in Psychotherapy			
BIP/BAP 6: Introduction to Mental Health: Wellbeing and Distress			
BIP/BAP 7: Ethics and Politics in Psychotherapy			
BIP/BAP 8: Introduction to Research Methods			
ST1EL1: Creative Art Modalities – Introduction to Drama Therapy			
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ST4EL1: Transpersonal Theory and Practice – Dreams and Symbols in Psychotherapy			
ST4EL2: Transpersonal Theory and Practice – Eastern Practice and Western Psychology			
ST4EL3: Transpersonal Theory and Practice – Integrative Systems of Health and Wellbeing 2			
Practicum (please advise on number of hours 120 or 240)			

Course Offer Group (eg. SABAP1)

ASSESSOR'S NOTES:

Signed by the Assessor

Date