



DIPLOMA AND ASSOCIATE DEGREE OF COUNSELLING & PSYCHOTHERAPY



Award

094685K

Diploma and Associate Degree
of Counselling & Psychotherapy
(CRS1400329)



Student Support

Small Class sizes for optimal
support and learning. Student
Support Officers available on
campus



English Language Entry Requirements

Achieving an IELTS entry score
of 6.0 overall with minimum 6.0
in all bands.



Campus Locations

Adelaide, Sydney, Melbourne,
Brisbane.

What is Counselling & Psychotherapy?

Counselling & Psychotherapy is professionally regarded as the most sophisticated approach to clinical practice with clients. It is a multidisciplinary approach, which means it is a psychotherapy that considers equally the biological, cultural, sociological, psychological, philosophical, spiritual, and psychodynamic factors when working with people. While the course therefore draws from all these diverse fields, it is in teaching the integration of these disciplines that makes the Ikon syllabus on par with the most advanced and up-to-date research and practice in psychotherapy available today.

Who is this for?

The Diploma and Associate Degree of Counselling & Psychotherapy will inspire, educate, and be appropriate for anyone who:

- Has a genuine interest in understanding and helping people in a comprehensive and holistic manner;
- Has completed a related qualification and wants to further their education and expand their knowledge and experience;
- Has no formal training in this field, but has a genuine desire and commitment to learning and helping.

Course Duration

1 - 2 years.

Study Modes

On-campus.

Delivery Format

Year 1, 3 trimesters of 13 weeks each

Year 2, 3 trimesters of 13 weeks each

The Ikon Institute of Australia is a private higher education, international education and vocational education provider, leading education in mental health and wellbeing. The Ikon Institute of Australia provides quality education in creative therapies, psychotherapy, counselling and community services. With course offerings across all these areas, Ikon supports the learning of students at campuses across Australia, in a multitude of ways.

COURSE STRUCTURE AND EXIT POINTS

THE BACHELOR OF COUNSELLING & PSYCHOTHERAPY

Course Sequencing and Structure

Year / Trimester	Subject
Year 1, Trimester 1	Introduction to Integrative Psychotherapy
	Models of Therapeutic Practice 1
	Integrative Systems of Health and Wellbeing 1
Year 1, Trimester 2	Case Conceptualisation 1
	Integrative Psychotherapy in Practice 1
	Models of Therapeutic Practice 2
Year 1, Trimester 3	Integrative Psychotherapy in Practice 2
	Ethics and Politics in Psychotherapy
	Foundations of Professional Competency
EXIT Point for Diploma of Counselling & Psychotherapy	
Year 2, Trimester 1	Altered State Techniques in Psychotherapy
	Introduction to Mental Health: Wellbeing and Distress
	Treatment of Grief & Loss in Psychotherapy
Year 2, Trimester 2	ELECTIVE: Elective options:
	Creative Art Modalities – Introduction to Dramatherapy
	Psychotherapy with Different Client Populations – Psychotherapy with Young People
	Social Ecology – Eco-psychotherapy
	Transpersonal Theory and Practice - Dreams and Symbols in Psychotherapy
	Understanding Systems in Psychotherapy
	Life Span Development
Year 2, Trimester 3	Psychotherapy & the Body in the Treatment of Trauma
	Narrative, Identity & Integrative Processes
	Case Conceptualisation 2
EXIT POINT FOR ASSOCIATE DEGREE in Counselling & Psychotherapy	

Delivery Methods

Course delivery will be through a combination of facilitated classroom training, out of class self directed learning and on-the-job placement.

Learn with people to work with people

Face to face delivery is an essential part of receiving quality training when learning to help others. Ikon's specialised trainers will support you during your studies and expose you to a variety of approaches and experiences to help you develop your full potential, feel confident, and career-ready upon completion of the course.

Entry Requirements

You must be at least 18 years of age at course commencement and you must meet one of the following requirements:

- Minimum ATAR 65 or equivalent, or;
- Completion of a Certificate IV, Diploma, Advanced Diploma or Associate Degree, or;
- Partial completion of a Bachelor's degree.

If you are aged 21 years or over:

- Application will be through completion of a course enrolment form.

*All applicants are subject to an interview and will need to complete an Applicant Screening Questionnaire.

Recognition of Prior Learning (RPL)

Students may apply for recognition of prior learning and exemptions from some units of study, where an equivalence of earlier learning and achievement can be established. Applications for RPL must be submitted and assessed PRIOR to enrolling in the course. Please contact the Ikon Institute for further information on the RPL application process and associated fees.

Tuition Fees

Diploma of Counselling & Psychotherapy: \$20,925 (AUD)

Associate Degree of Counselling & Psychotherapy: \$41,850 (AUD)

International Students

Entry Requirements: Minimum of 18 years of age. IELTS entry score overall of at least 6.0, with a minimum 6.0 in all four bands, or equivalent alternative test.

All applicants are subject to an interview prior to acceptance into the course.