



BACHELOR OF ARTS THERAPY

COURSE STRUCTURE AND EXIT POINTS

YEAR/TRIMESTER	SUBJECT
Year 1, Trimester 1	Foundations in Arts Psychotherapy
	Qualities of Art Making and Media
	Integrative Systems of Health and Wellbeing 1
Year 1, Trimester 2	Arts Modalities in Therapy 1 (Materials)
	Integrative Psychotherapy in Practice 1
	Arts Modalities in Therapy 2 (Modalities)
Year 1, Trimester 3	Arts Therapy - Inter-modal Approach
	Ethics and Politics in Psychotherapy
	Foundations of Professional Competency
EXIT Point - Diploma of Arts Therapy (097944E)	
Year 2, Trimester 1	Arts Psychotherapy in Practice: Groups
	Introduction to Mental Health: Wellbeing & Distress
	Creativity and Mental Health
Year 2, Trimester 2	Elective 1*
	Understanding Systems in Psychotherapy
	Life Span Development
Year 2, Trimester 3	Clinical Supervision 1
	Practicum 1 (120 hours)
	Practicum 2 (120 hours)
EXIT Point - Associate Degree of Arts Therapy (097945D)	
Year 3, Trimester 1	Elective 2*
	Elective 3*
	Introduction to Research Methods
Year 3, Trimester 2	Clinical Supervision 2
	Practicum 3 (120 hours)
	Practicum 4 (120 hours)
Bachelor of Arts Therapy (094684M)	

* Elective selection can differ depending on availability