



BACHELOR OF COUNSELLING & PSYCHOTHERAPY

COURSE STRUCTURE AND EXIT POINTS

YEAR/TRIMESTER	SUBJECT
Year 1, Trimester 1	Introduction to Integrative Psychotherapy
	Models of Therapeutic Practice 1
	Integrative Systems of Health and Wellbeing 1
Year 1, Trimester 2	Case Conceptualisation 1
	Integrative Psychotherapy in Practice 1
	Models of Therapeutic Practice 2
Year 1, Trimester 3	Integrative Psychotherapy in Practice 2
	Ethics and Politics in Psychotherapy
	Foundations of Professional Competency
EXIT Point - Diploma of Counselling & Psychotherapy (097946C)	
Year 2, Trimester 1	Altered State Techniques in Psychotherapy
	Introduction to Mental Health: Wellbeing & Distress
	Treatment of Grief & Loss in Psychotherapy
Year 2, Trimester 2	Elective 1*
	Understanding Systems in Psychotherapy
	Life Span Development
Year 2, Trimester 3	Psychotherapy & the Body in the Treatment of Trauma
	Narrative, Identity & Integrative Processes
	Case Conceptualisation 2
EXIT Point - Associate Degree of Counselling & Psychotherapy (097947B)	
Year 3, Trimester 1	Elective 2*
	Elective 3*
	Introduction to Research Methods
Year 3, Trimester 2	Clinical Supervision 1
	Practicum 1 (120 hours)
	Practicum 2 (120 hours)
Bachelor of Counselling & Psychotherapy (094685K)	

* Elective selection can differ depending on availability